

**Indira Gandhi Institute of Technology (IGIT), Sarang  
Society of Physical Education & Recreation (SPER)**

**Fit India Freedom Run 2.0**

Ref. No. IGIT/SPER/853

Date: 24/09/21

As the part of the celebration of 75 years of India's Independence, "**Azadi Ka Amrit Mahotsav**" has commenced with active participation of stakeholders. The nationwide virtual launch of Fit India Freedom Run 2.0 was held on 13th August 2021 with the aim to make a call by all citizens to include physical activity of at least 30 minutes daily in their lives i.e. **FITNESS KI DOSE AADHA GHANTA ROZ.**

In this regard Society of Physical Education and Recreation (SPER), IGIT Sarang is going to organize **FIT India Freedom Run 2.0** from **29<sup>th</sup> to 30<sup>th</sup> September 2021** and **Fit India Challenge** will be conducted tentatively from **21-10-2021 to 22-10-2021** at MP Memorial Play Ground following the COVID 19 guidelines.

The Schedule of the Programme is attached herewith for your reference.

**Fit India Freedom Run 2.0:**

- **For all the Teaching & Non-Teaching Staff:** Date: 30 Sep 2021 (Tuesday), Time: 07.00 A.M to 08.00 A.M
- **For all the Students:** Date: 30 Sep 2021 (Tuesday), Time: 04.30 P.M to 05.30 A.M

**Place: MP Memorial Play Ground**

**Route Chart:**

**STARTING POINT** -> MP Memorial Play Ground->Aryabhata Bhawan Estate Maintenance -> Brahmos Bhawan->Bhaskar Bhawan -> Canteen Road -> SBI-> Biju Pattanaik Academic Building Post Office >Shiv Temple -> Community Hall -> Guest House -> Officer Hostel -> Rohini Bhawan -> Prithvi Bhawan-> Director Banglow -> Agni Bhawan -> Akash Bhawan -> Surya Bhawan -> MP Memorial Play Ground -> **END**

**Note:** The online registration for the above event will be conducted through **Google Form** which will be shared in the institution website.

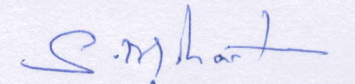
**INDIRA GANDHI INSTITUTE OF TECHNOLOGY (IGIT), SARANG**

**FIT INDIA FREEDOM RUN 2.0 & FIT INDIA CHALLENGE**

**From 27.09.2021 to 30.09.2021**

<b>DATE</b>	<b>07.00 AM to 08.00 A.M.</b>	<b>04.30 PM to 05.30 P.M.</b>
29-09-2021		Inauguration of <b>Fit India Freedom Run 2.0 (Online)</b>
30-09-2021	Fit India Freedom Run 2.0 for all Teaching and Non -Teaching staff	Fit India Freedom Run 2.0 for all students
21-10-2021	Fit India Challenge for Category- I (Yoga)	Fit India Challenge for Category- II (Fitness)
22-10-2021	Fit India Challenge for Category- II (Yoga)	Fit India Challenge for Category- III

**Note:** Depending upon the weather conditions the scheduled may be change.

  
24/09/2021  
**DIRECTOR**  
**IGIT Sarang**

**CC to:**

- PA to Director for kind information
- Dean Student Welfare for kind information
- Dean Academic for kind information
- Warden of Hostels and all Hostel Superintendant for kind information for kind information
- Registrar for kind information
- All HOD/HOO for kind information
- Officer In charge Institution Website for kind information and display in the website
- All Notice Board Institution /Hostel
- Health Center for kind information